

Motorcycle U-Turn Training



(You tube videos By: Moto Jitsu, Robert Simmons, Texas officer training, Motorman, MC Rider)

SPEED:

- Keep speed at 8-10 MPH
- Speed is not your friend, causes wide turns

Clutch Control:

- Master and stay in Friction Zone

Throttle:

- Preload throttle and keep it loaded (1500 RPMS-1900 RPMS)

Head and Eyes:

- Look where you want to go. Bike goes where you look. Turn upper body, eyes, nose and chin where you want to go

Rear Brake:

- Lightly drag rear brake

Misc:

- Dip bike in opposite direction before turn
- Counter balance on seat
- Sit high in seat and lean bike.
- Relax arms and upper body
- If you fall, learn your lessons



- Practice! Practice! Practice!